COPPER SHORES
MEALS ON WHEELS

Fall 2026
NEWSLETTER

1 (906) 483-1155

Hello again!

Can you believe fall is already here? Neither can we! We've been busy the last few months, so we're excited to bring you an update on exciting news, new employees and more.

A Note from the Director

"We know how important routines are, so we thank you for your patience and grace while we were short on help. - Jessica Mills, Program Director"

You're a part of a new record!

We recently surpassed an exciting milestone: serving 100,000 meals in Fiscal Year 2026! This achievement wouldn't have been possible without you - Thank you for entrusting us with your well-being.



Get in on the giving this GivingTuesday

If you're looking to support our program, GivingTuesday is the perfect time! Donations open in mid November. Learn more at coppershores.org/giving-tuesday.



Bingo a success in 2026

We are so grateful to be a part of a community that uplifts and supports its seniors. We had a great crowd at our 4th annual Bingo Bonanza at The Bluffs in September, raising more than $1,500 to support seniors like you in our Meals on Wheels program!

821 Water Street | Hancock, MI 49930

Learn more at coppershores.org/meals-on-wheels

Copper Shores Meals on Wheels is a program of Copper Shores Community Health Foundation. Copper Shores Community Health Foundation is a 501(c)(3) that complies with Title VI of the Civil Rights Act of 1964, which prohibits discrimination based upon race, color, and national origin.

We've hired three new team members!

Meet Peter, Curtis and Vanessa

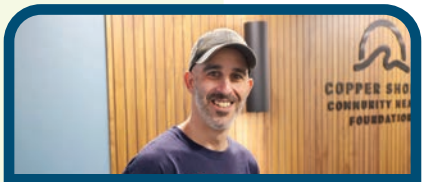
If you're on the Hancock home-delivery route, Peter is sure to become a familiar face. He comes to us with kitchen experience and a background in the nursing home setting. He is positive, caring and excited to join our team.

Curtis has a culinary background that he's excited to use in the kitchen. He is creative, high-energy and ready to learn more about senior nutrition as he jumps in to create meals with our kitchen staff.

Vanessa is taking on the Houghton home-delivery route with compassion and a knack for attention to detail. She has extensive experience working with the senior community and is excited to get back to working with the folks that she cares deeply for.



Peter Sparks
Food Service Specialist



Curtis Beck
Cook



Vanessa Muszynski
Route Driver

Reheating Instructions

Conventional Oven:

- Set the oven to 350° F.
- Remove meal from tray and place on a baking sheet.
- Reheat meals for 10 minutes maximum. Thaw frozen meals for 30 minutes maximum.

Microwave:

- Peel back lid to vent or slit film in each compartment.
- Reheat meals for 2-3 minutes. Thaw frozen meals for 3-5 minutes.

*Do NOT use toaster ovens to reheat or thaw meals under any circumstances.

Reminders

- We're restocking and distributing Emergency Meal Kits at the beginning of November. These kits are filled with shelf-stable products that provide folks with food when we are unable to deliver safely in the winter time.
- Winter driving conditions may change your delivery time slightly as drivers navigate their routes.
- We will be closed for Thanksgiving, Black Friday, Christmas Eve, Christmas Day, New Years Eve and New Years Day. Meals for each of these days will be delivered prior to each closure.

That's all for now! In health and happiness,
The Meals on Wheels Team