COMMUNITY ENGAGEMENT FORUM Health. Safety. Wellness.

Proudly sponsored by the James A. Ruppe and the Portage Health Foundations

January 21, 2016

The Portage Health Foundation is dedicated to engaging all community stakeholders in discussion and strategic planning related to the unmet health needs throughout Baraga, Houghton, Keweenaw and Ontonagon counties. In Partnership with the James A. Ruppe Foundation, the Portage Health Foundation is embarking on a series of interactive forums, aimed at bringing together local service providers from all disciplines to offer inclusive perspectives on the health risk factors and health needs that exist within our community. The goal of these forums is to develop collaborative input, prioritize health care needs, and build consensus on innovative interventions and solutions.

This inaugural forum, to be held on January 21 at the Sheldon Grill banquet room, will focus on solutions for meeting the mental and behavioral health needs of our community – including substance abuse. The present challenges related to mental and behavioral health care are longstanding and well defined. The focus of this forum is multi-service provider interaction, the creation of innovative solutions, and a commitment to future discussion, development, and growth of a community health care collaborative.

Schedule

4:30-5:30 Registration

5:00-5:30 Buffet Dinner Begins

5:30-6:40 Tim Cusack

6:45-7:30 Dr. Claudia Weber

7:35-8:30 Facilitated Discussion (Q/A)

The evening will be opened with a Keynote address presented by Tim Cusack.



Over the past 25 years of speaking, training and entertaining, Tim has presented to thousands of people and worked with some of the largest companies in the United States. From the classroom to the boardroom, Tim presents his audiences with unique experiences and original perspectives, connecting with audiences one individual at a time. He has the rare ability to relate to large groups of people on a personal level. Tim enhances organizational culture through humor, stories and insights. He delivers meaningful and dynamic programs that inspire people to appreciate life, work and relationships. His performances fuse thought-provoking, meaningful stories with candid audience connections – and guaranteed laughs throughout.

Professional Training: Grand Valley State University, BS Psychology | Flippen Group: Leadership Series – Human Performance, Capturing Kids Hearts, Process Champions | BizFutures: Leadership Training at the

world famous Pike Place Fish Market, Seattle, WA | National Institute for the Clinical Application of Behavioral Medicine: Positive Psychology | New England Educational Institute: Thomas Moore on Spirituality in Psychotherapy | The Healing Power of Compassion Training, Sogyal Rinpoche | Community Mental Health Crisis Phone Line Training | Hospice of Michigan Training | Red Cross Disaster Relief Training | Critical Incident Stress Management (CISM) training | Psychodrama | Pine Rest Christian Hospital, Onsite Treatment Center | Trained with Paul Sills, Founder of Second City

Following Tim's presentation, we will hear from Dr. Claudia Weber who is a lead developer for the University of Minnesota's rural model for behavioral health services.

Dr. Weber is a licensed psychologist and licensed pharmacist who has worked with the Center for Rural Mental Health Studies in the Bio-behavioral Health and Population Sciences Department since 2009. Her areas of expertise include mood and anxiety disorders, grieving, and chronic pain.

Professional Training: B.S. Pharmacy, University of Minnesota | M.S. Family and Human Development, Utah State University | PhD Developmental and Clinical Psychology, Utah State University | Clinical Psychologist, UMD School of Medicine | Telemental health program | Staff counselor-UMD health services | Staff counselor-Bear River Mental Health



Concluding the evening will be a facilitated Q/A discussion.

To register for the event, please call the **Portage Health Foundation office** at **906.523.5920**Call with your name, organization/affiliation, phone number, email address, and number/name(s) of attendees.

