



Second Quarter 2026

NEWSLETTER



1 (906) 483-1155



Three new Meet & Eat locations

We're delivering on our promise to expand Meals on Wheels services, starting with two brand new Meet & Eat locations in Twin Lakes and Alston, with Sidnaw/Kenton coming soon! Lunch is served at noon, every Tuesday at the Twin Lakes Volunteer Fire Hall, and every Friday at the Laird Township Hall in Alston. If you know a senior near our new Meet & Eat sites, encourage them to give us a call!

Amanda Karlzen expands her role

Carrying out the logistics of this expansion is Amanda Karlzen, a part-time delivery driver turned full-time Food Service Specialist. She loves being present with the seniors and looks forward to serving more across southern Houghton County. If you see her, be sure to say hi!



821 Water Street | Hancock, MI 49930

Learn more at coppershores.org/mealsonwheels

Copper Shores Meals on Wheels is a program of Copper Shores Community Health Foundation. Copper Shores Community Health Foundation is a 501(c)(3) that complies with Title VI of the Civil Rights Act of 1964, which prohibits discrimination based upon race, color, and national origin.

New Cook in the Kitchen - Jamie Moilanen

We recently welcomed Jamie Moilanen to the team as a cook, bringing years of restaurant industry experience. Her background in management, leadership and professional cooking skills make her a natural fit as the program continues to grow and expand its reach.



Extended routes in Houghton County

Our existing routes are also expanding - one home delivery at a time. Where the old map ended, we're charting new territory to reach seniors who were historically just outside our service area. If you know someone in need of home-delivered meals in South Range, Houghton, Hancock or Calumet, they may be newly eligible for our services. They need only call to ask!

\$10,000 from Meals on Wheels America

We recently received \$10,000 from Meals on Wheels America, an exciting surprise that will go toward improving services as expansion continues.



Reminders

- As temperatures increase, we are unable to leave food outside. If you are unable to answer the door, please provide an insulated cooler for safe food storage.
- Sign up for Project Fresh: michigan.gov/mdhhs-spf. Call the Meals on Wheels office at 1(906) 483-1155 if you would like assistance.

